THE NORTH COUNTRY YMCA, INC.

Dianne L. Rappa, Executive Director; P. O. Box 123, Bath, NH 03740
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13th ANNUAL NORTH COUNTRY YMCA
LILAC 5K FUN WALK/ RUN
May 28, 2011

Event Agenda & Registration Form

*** *An officially certified 5K Race Course***

Registration: 8:00 – 8:45 a.m. Lisbon Lion's Community Field, West St.

Start time: 9:00 a.m. for ALL participants
Point to Point – Responsible for travel-carpool
Routes: Walkers and runners: start at Bishop Farm Corner of Route 302 and Lyman Road, then left on to Bishop Road to Water Street. Left on Water Street to School Street and left toward Main Street and finish line.

Pre-Registration Fee: $12/person, children under 16/$5 with Family Maximum: $29
**After May 9th, 2011: $15/person, children under 16/$6 with Family Maximum: $36

ALL entrants receive T-shirt if registration form received by May 9th, 2011

Sponsorships: T-shirt ad included on shirt: Minimum $50/business (confirmed 5/9)
(Payable to NCYMCA, Inc.; P. O. Box 123, Bath, NH 03740-0123)

All proceeds from this event will go toward the North Country YMCA, Inc. programs and scholarships. Thanks for your support!

Envelope/check date of receipt: _____
Registration number: _____

REGISTRATION FORM

Name(s): _____ Age: _____

Address: _____Gender: _____
_____Tel. _____

Contribution: _____ T-shirt (please circle): S M L XL

Run/Walk: _____
Please make contributions payable to the NCYMCA, Inc. and mail to P. O. Box 123, Bath, NH 03740. T-shirts may be picked up Saturday morning at the field. Any questions please contact Dianne Rappa: 747-3508; drappa@valley.net See you the 28th !

"I hereby for myself, my heirs, and administrators, waive and release any and all rights and claims for damages I may have against the North Country YMCA, Town of Lisbon, race staff and/or sponsors."
Signature: _____ Date: _____